

## Prior Authorization (PA) and Referral requirements for Covered Services for Berkshire Fallon Health Collaborative Members with Family Assistance Coverage

This is a list of Prior Authorization and/or Referrals requirements for all covered services and benefits for Berkshire Fallon Health Collaborative (BFHC) MassHealth Family Assistance members enrolled in BFHC. BFHC will coordinate all covered services listed below. It's your responsibility to always carry your BFHC **and** your MassHealth identification cards and show them to your providers at all appointments.

You can call Fallon Health Customer Service for more information about services and benefits. Please see the telephone number and hours of operation for Fallon Health Customer Service at the bottom of every page of this document.

**If you have questions about: Please call:**

Medical Services	BFHC at 1-855-203-4660 or TTY: TRS 711 for people with partial or total hearing loss. Hours: 8 a.m.–6 p.m., Monday–Friday.
Behavioral Health Services	1-888-877-7184 or TRS 711 for people with partial or total hearing loss.
Pharmacy Services	Go to Fallon Health's drug list at <a href="http://fallonhealth.org/Berkshires">fallonhealth.org/Berkshires</a> call Fallon Health Customer Service at 1-855-203-4660 or TRS 711 for people with partial or total hearing loss.
Dental Services	DentaQuest Customer Service at 1-800-207-5019 or TTY at 1-800-466-7566 or Translation Line at 1-800-207-5019. Hours: 8 a.m.–6 p.m., Monday–Friday.

In the chart that follows, if the column under “**Prior Authorization (PA) Required for Some or All of the Services**” is marked with a “**Yes,**” some or all of these services will need Prior Authorization before receiving these services. Your provider will work with BFHC to request a PA. If the column under “**Primary Care Provider (PCP) Referral Required for Some or All of the Services?**” is marked “**Yes,**” then some or all of these services require a referral from your PCP before receiving these services. Please note that as of April 1, 2024, there are no copays for any MassHealth-covered service.

Please keep in mind that services and benefits change from time to time. This PA and/or Referral Requirements for covered services listing is for your general information only. Please call BFHC for the most up to date information. MassHealth regulations control the services and benefits available to you. To access MassHealth regulations:

- Go to MassHealth's website [mass.gov/masshealth](http://mass.gov/masshealth); or
- Call MassHealth Customer Service at 1-800-841-2900 (TTY: 1-800-497-4648 for people with partial or total hearing loss), Monday–Friday, 8 a.m.–5 p.m.

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<b>MassHealth Family Assistance Covered Services</b>	<b>Prior Authorization (PA) Required for Some or All of the Services? Yes or No</b>	<b>Primary Care Provider (PCP) Referral Required for Some or All of the Services? Yes or No</b>
<b>Emergency Services</b>		
<b>Emergency Inpatient and Outpatient Services</b>	NO	NO
<b>Medical Services</b>		
<b>Abortion Services</b>	*	*
<b>Acute Inpatient Hospital Services</b> Includes all inpatient services in an acute hospital, such as daily physician intervention, surgery, obstetrics, behavioral health, radiology, laboratory, and other diagnostic and treatment procedures. (May require pre-screening.)	YES	NO
<b>Acute Outpatient Hospital Services</b> Services in a hospital's outpatient department or satellite clinic. They're generally provided, directed, or ordered by a physician. Services include specialty care, observation services, day surgery, diagnostic services, and rehabilitation services.	YES	YES
<b>Ambulatory Surgery Services</b> Surgical, diagnostic, and medical services that provide diagnosis or treatment through operative procedures, including oral surgery, requiring general, local, or regional anesthesia to patients who don't require hospitalization or overnight services upon completion of the procedure, but who require constant medical supervision for a limited amount of time following the conclusion of the procedure.	YES	NO
<b>Audiologist (Hearing) Services</b> Services include, but are not limited to, testing related to the determination of hearing loss, evaluation for hearing aids, prescription for hearing-aid devices, and aural rehabilitation.	YES	NO
<b>Chiropractic Services</b> Chiropractic manipulative treatment, office visits, and some radiology services (e.g., X-rays).	NO	NO
<b>Chronic Disease and Rehabilitation Hospital (CDRH) Services</b> Services in a CDRH for up to 100 days per admission. After 100 days, the member may be transferred from their plan to MassHealth fee-for-service to keep receiving CDRH services. Note: Members who also receive Nursing Facility services will be transferred after 100 days of	YES	YES

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combined CDRH and Nursing Facility services. Coverage is limited to 6 months, per MassHealth policy.		
<b>Community Health Center Services</b> Examples include: <ul style="list-style-type: none"> <li>• Specialty office visits</li> <li>• OB/GYN services</li> <li>• Medical social services</li> <li>• Nutrition services, including diabetes self-management training and medical nutrition therapy</li> <li>• Vaccines/immunizations</li> <li>• Health education</li> </ul>	YES	YES
<b>Diabetes Self-Management Training</b> Diabetes self-management training and education services furnished to an individual with pre-diabetes or diabetes by a physician or certain accredited qualified health care professionals (e.g., registered nurses, physician assistants, nurse practitioners, and licensed dietitians).	NO	YES
<b>Dialysis Services</b> Medically necessary renal dialysis that includes all services, supplies, and routine laboratory tests; also includes training for home dialysis.	NO	NO
<b>Durable Medical Equipment (DME)</b> <ul style="list-style-type: none"> <li>• Including but not limited to the purchase or rental of medical equipment, replacement parts, and repair for such items.</li> <li>• Enteral Nutritional Supplements (formula) and breast pumps (1 per birth or as medically necessary) are covered under your DME benefit</li> </ul>	YES Supplies = NO	NO
<b>Early Intervention Services</b>	YES	NO
<b>Family Planning Services</b>	NO	NO
<b>Fluoride Varnish</b> Fluoride varnish applied by pediatricians and other qualified health care professionals (physician assistants, nurse practitioners, registered nurses, and licensed practical nurses) to members under age 21, during a pediatric preventive care visit.	NO	NO

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<b>Hearing Aid Services</b>	YES	NO
<b>Home Health Services</b> Skilled and supportive care services provided in the member's home to meet skilled care needs and associated activities of daily living to allow the member to safely stay in their home. Available services include skilled nursing, medication administration, home health aide, and occupational, physical, and speech/language therapy.	YES	NO
<b>Hospice Services</b> Members should discuss their options for hospice services with MassHealth or their health plan.	YES	NO
<b>Infertility Services</b> Diagnosis of infertility and treatment of underlying medical condition.	YES	YES
<b>Isolation and Recovery Site Services</b> Services received by an Enrollee in an Isolation and Recovery site. This is a location such as a hotel or motel that contracts with EOHHS to provide safe, isolated lodging for members with a COVID-19 diagnosis.	*	*
<b>Laboratory Services</b> All services necessary for the diagnosis, treatment and prevention of disease, and for the maintenance of health.	NO	NO
<b>Medical Nutritional Therapy</b> Nutritional, diagnostic, therapy and counseling services for the purpose of a medical condition that are furnished by a physician, licensed dietician, licensed dietician/nutritionist, or other accredited qualified health care professionals (e.g., registered nurses, physician assistants, and nurse practitioners).	NO	YES
<b>Nursing Facility Services</b> Services in a nursing facility for up to 100 days per admission. After 100 days, members may be transferred from their plan to MassHealth fee-for-service to keep receiving Nursing Facility services. [Note: Members who also receive Chronic Disease Rehabilitation Hospital (CDRH) services will be transferred after 100 days of combined CDRH and Nursing Facility services.] Coverage is limited to 6 months, per MassHealth policy.	YES	NO

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<b>Orthotic Services</b> Braces (non-dental) and other mechanical or molded devices to support or correct any defect of form or function of the human body.	YES	NO
<b>Oxygen and Respiratory Therapy Equipment</b>	YES	NO
<b>Podiatrist Services</b> Services for footcare	YES	NO
<b>Primary Care (provided by member's PCC or PCP)</b> Examples include: <ul style="list-style-type: none"> <li>• Office visits for primary care</li> <li>• Annual gynecological exams</li> <li>• Prenatal care</li> <li>• Diabetes self-management training</li> <li>• Tobacco cessation services</li> <li>• Fluoride varnish to prevent tooth decay in children and teens up to age 21</li> </ul>	NO	NO
<b>Prosthetic Services</b> Non-dental devices meant to replace either a lower or upper external body part lost due to amputation or congenital deformities and meant to serve as a limb or total joint replacement.	YES	NO
<b>Radiology and Diagnostic Services</b> For example: <ul style="list-style-type: none"> <li>• X-rays</li> </ul>	NO	NO
<ul style="list-style-type: none"> <li>• Magnetic resonance imagery (MRI) and other imaging studies</li> <li>• Radiation oncology services performed at radiation oncology centers (ROCs) which are independent of an acute outpatient hospital or physician service</li> </ul>	YES	YES
<b>Remote Patient Monitoring (COVID-19 RPM)</b> Bundled services to facilitate home monitoring of members with confirmed or suspected COVID-19 who don't require emergency department or hospital levels of care but require continued close monitoring. The COVID-19 RPM bundle includes all medically necessary clinical services required to facilitate 7 days of close, in-home monitoring	NO	NO

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of members with confirmed or suspected COVID-19 .		
<b>School Based Health Center Services</b> All covered services delivered in School Based Health Centers (SBHCs).	YES	YES
<b>Specialists</b> Examples include: <ul style="list-style-type: none"> <li>• Office visits for specialty care</li> <li>• OB/GYN (no referral needed for prenatal care and annual gynecological exam)</li> <li>• Medical nutritional therapy</li> </ul>	NO	NO
<b>Tablets (for use as speech generating devices [SGD])</b> – State law provides limited coverage of tablets used as SGD for certain members younger than 21 years of age, who have a diagnosis of an Autism Spectrum Disorder and a severe expressive communication disorder and for whom an SGD is medically necessary, and a tablet is the most appropriate device. If a medical device covered as Durable Medical Equipment (DME) (made solely for a medical purpose) is more appropriate, the member may receive a medically necessary speech-generating medical device. [See description of Durable Medical Equipment (DME) above.]	*	*
<b>Therapy Services</b> Therapy services include diagnostic evaluation and therapeutic intervention, which are designed to improve, develop, correct, rehabilitate, or prevent the worsening of functional capabilities and/or disease, injury, or congenital disorder. Examples include: <ul style="list-style-type: none"> <li>• Occupational therapy</li> <li>• Physical therapy</li> <li>• Speech/language therapy</li> </ul>	NO up to 60 combined OT/PT and 30 ST visits; YES after those numbers	NO
<b>Tobacco Cessation Services</b> Face-to-face individual and group tobacco cessation counseling and tobacco cessation drugs, including nicotine replacement therapy (NRT).	NO	NO
<b>Urgent Care Clinic Services</b>	NO	NO

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<b>Vaccine Counseling Services</b>	NO	NO
<b>Wigs</b> As prescribed by a physician and related to a medical condition.	NO	NO
<b>Preventative Pediatric Health-Care Screening &amp; Diagnosis Services (PPHSD)</b>		
<b>Diagnosis Services</b> Diagnostic testing is performed to follow up when a risk is identified.	YES	YES
<b>Screening Services</b> Children should go to their Primary Care Provider (PCP) for preventive healthcare visits even when they're well. As part of these visits, PCPs can perform screenings that can identify health problems or risks. These screenings include physical, mental, developmental, dental, hearing, vision, and other screening tests to detect potential problems. Routine visits with a dental provider are also covered for children under age 21.	NO	NO
<b>Dental Services</b>		
<b>Adult Dentures</b> Full and partial dentures, and adjustments and repairs to those dentures, for adults ages 21 and older.*	*	*
<b>Diagnostic, Preventive, Restorative, and Major Dental Services</b> Used for the prevention, control, and treatment of dental diseases and the maintenance of oral health for children and adults.	*	*
<b>Emergency-Related Dental Care</b>	NO	NO
<b>Oral Surgery</b> To treat a medical condition, performed in any place of service, including but not limited to an outpatient setting, such as an ambulatory surgery/outpatient hospital or a clinic or office.	YES	NO
<b>Doula Services</b>		
<b>Doula Services</b> Nonmedical emotional, informational, and physical support to pregnant, birthing, and postpartum members.		
<b>Transportation Services</b>		
<b>Transportation Services - Emergency</b> Ambulance (air and land) transport that generally isn't scheduled but is needed on an emergency basis. These include specialty care transport	NO	NO

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(that is, an ambulance transport of a critically injured or ill member from 1 facility to another, requiring care beyond the scope of a paramedic).		
<b>Vision Services</b>		
<b>Vision Care</b> Includes: <ul style="list-style-type: none"> <li>Comprehensive eye exams once every year for members under 21 and once every 24 months for members 21 and over, and whenever medically necessary</li> </ul>	NO	NO
<ul style="list-style-type: none"> <li>Vision training</li> <li>Ocular prosthesis; contacts, when medically necessary, as a medical treatment for a medical condition such as keratoconus</li> <li>Bandage lenses</li> </ul>	YES	NO
<ul style="list-style-type: none"> <li>Prescription and dispensing of ophthalmic materials, including eyeglasses and other visual aids, excluding contacts</li> </ul>	*	*
<b>Pharmacy Services</b>		
<b>The items in this section are covered as listed on the MassHealth Drug List. Delivery of medications from pharmacy providers to a personal residence, including homeless shelters, may be available.</b>		
Compounded Drugs	YES	NO
Non-Drug Pharmacy Products	YES	NO
Over-the-counter medicines	YES	NO
Prescription drugs	YES	NO
<b>Health Related Social Needs (HRSN) Supplemental Services</b>		
<b>HRSN Supplemental Nutrition Services</b>		
<b>Nutritionally Appropriate Food Boxes</b> These are healthy groceries. Often, they are a box of fruits and vegetables.	NO	NO
<b>HRSN Supplemental Housing Services</b>		
<b>Housing Navigation</b> This service can help a person who is having housing problems to talk to their landlord, get legal help, or find a new place to live.	NO	NO
<b>Behavioral Health Services</b>		
<b>Diversionsary Services</b>		

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Mental health and substance use disorder services that are provided as clinically appropriate alternatives to behavioral health inpatient services to support a member returning to the community after a 24-hour acute placement, and to provide intensive support to maintain functioning in the community. There are 2 categories of diversionary services: those provided in a 24-hour facility and those provided in a non-24-hour setting or facility.		
<b>Non 24-hour Diversionary Services</b>		
<p><b>Community Support Program (CSP) and Specialized CSP Programs</b> Behavioral health services provided through community-based, mobile paraprofessional staff to members .</p> <p><b>Community Support Program for Homeless Individuals (CSP-HI)</b> A specialized CSP service to address the health-related social needs of members who:</p> <ul style="list-style-type: none"> <li>• are experiencing homelessness and are frequent users of acute health MassHealth services; or</li> <li>• are experiencing chronic homelessness, as defined by the US Department of Housing and Urban Development.</li> </ul> <p><b>Community Support Program for Individuals with Justice Involvement (CSP-JI)</b> A specialized CSP service to address the health-related social needs of members with justice involvement who have a barrier to accessing or consistently using medical and behavioral health services.</p> <p><b>Community Support Program Tenancy Preservation Program (CSP-TPP)</b> A specialized CSP service to address the health-related social needs of members who are at risk of homelessness and facing eviction as a result of behavior related to a disability. CSP-TPP works with the member, the Housing Court, and the member’s landlord to preserve tenancies by connecting the member to community-based services in order to address the underlying issues causing the lease violation.</p>	YES	NO
<p><b>Intensive Outpatient Program (IOP)</b> A clinically intensive service that follows a discharge from an inpatient</p>	YES	NO

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stay and helps members avoid readmission to an inpatient service and help move back to the community. The service provides coordinated treatment using a range of specialists.		
<b>Partial Hospitalization (PHP)</b> These services offer short-term day mental health programming available 7 days per week, as an alternative to inpatient hospital services. These services include daily psychiatric management.	YES	NO
<b>Program of Assertive Community Treatment (PACT)</b> A treatment team approach to providing acute, active, and long-term community-based mental health treatment, outreach, rehabilitation, and support. This service helps members to maximize their recovery, set goals, and be in the community. Services are provided in the community and are available 24 hours a day, 7 days a week, 365 days a year, as needed.	YES	NO
<b>Psychiatric Day Treatment</b> Mental health services for members who don't need an inpatient hospital stay, but who needs more treatment than a weekly visit. Psychiatric day treatment includes diagnostic, treatment, and rehabilitative services.	YES	NO
<b>Recovery Coaching</b> A non-clinical service provided by peers who have lived experience with substance use disorder and who have been certified as recovery coaches. Members are connected with recovery coaches. Recovery coaches help members start treatment and serve as a guide to maintain recovery and to stay in the community.	YES	NO
<b>Recovery Support Navigators (RSN)</b> Specialized care coordination services for members who have substance use disorder. This service helps members to access and receive treatment, including withdrawal management and step-down services, and to stay motivated for treatment and recovery.	YES	NO
<b>Structured Outpatient Addiction Program (SOAP)</b> Substance use disorder services that are clinically intensive and offered in a structured setting in the day or evening. These programs can be used to help a member transition from an inpatient substance use	YES	NO

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disorder program. It can also be used by individuals who need more structured outpatient services for a substance use disorder. These programs may include specialized services for pregnant members, adolescents, and adults who need 24-hour monitoring.		
<b>24 Hour Diversionary Services</b> <b>Mental health and substance use disorder services used instead of inpatient hospital services. These services support a member returning to the community after an inpatient hospital stay, or help a member maintain functioning in the community.</b>		
<b>Acute Treatment Services (ATS) for Substance Use Disorders</b> Services used to treat substance use disorders on a 24-hour, 7 days a week basis. Services may include assessment; use of approved medications for addictions; individual and group counseling; educational groups; and discharge planning. Pregnant members receive specialized services. Members receive additional services to treat other mental health conditions.	YES	NO
<b>Clinical Support Services for Substance Use Disorders</b> 24-hour treatment services that can be used by themselves or after acute treatment services for substance use disorders. Services include education and counseling; outreach to families and significant others; medications for treating substance use disorders; referrals to primary care and community supports; and planning for recovery. Members with other mental health disorders receive coordination of transportation and referrals to mental health providers. Pregnant members receive coordination with their obstetrical care.	YES	NO
<b>Community-Based Acute Treatment for Children and Adolescents (CBAT)</b> Intensive mental health services in a secure setting on a 24-hour basis, with clinical staffing to ensure the safety of the child or adolescent. Treatment may include checking medications; psychiatric assessment; nursing; 1-to-1 treatments to maintain the member's safety (specializing); individual, group, and family therapy; case management; family assessment and consultation; discharge planning; and psychological testing. This service may be used as an alternative to or transition from inpatient hospital services.	YES	NO

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<b>Community Crisis Stabilization (CCS)</b> Services provided instead of inpatient hospital services. These services provide 24-hour observation and supervision for members.	YES Exception-Community Crisis stabilization through Emergency Service Provider (ESP) requires authorization after the first day/night.	NO
<b>Transitional Care Unit (TCU)</b> A community-based treatment program with high levels of supervision, structure, and support within an unlocked setting. This service serves children and adolescents under age 19 who are in the custody of the Department of Children and Families (DCF), who need group care or foster care, but who no longer require an acute level of care. This comprehensive service includes a therapeutic setting, psychiatry, case management, and treatments with a range of specialists.	YES	NO
<b>Transitional Support Services (TSS) for Substance Use Disorders</b> A 24-hour, short-term intensive case management and psychoeducational residential program with nursing available for members with substance use disorders who have recently been detoxified or stabilized and require additional transitional stabilization before they are placed in a residential or community-based program. Members with co-occurring physical health, mental health, and substance use disorders are eligible for coordination of transportation and referrals to providers to ensure treatment for these conditions. Pregnant members are eligible for coordination of their obstetric care.	*	*
<b>Residential Rehabilitation Services for Substance Use Disorders</b>		
<b>Adult Residential Rehabilitation Services for Substance Use Disorders</b> Services for substance use disorder offered in a 24-hour residential setting. Services include at least 5 hours of individual or group therapy each week; case management; education; and rehabilitation based in the residence. Some residential programs serve pregnant and post-partum members, and provide assessment and management of gynecological,	YES	NO

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obstetric, and other prenatal needs, and offer parenting skills education, child development education, parent support, family planning, nutrition, as well as opportunities for parent/child relational and developmental groups. Members receive coordination of transportation and referrals to mental health providers to ensure treatment for any other mental health conditions.		
<b>Co-occurring Enhanced Residential Rehabilitation Services for Substance Use Disorders</b> Services provided in a 24-hour, safe, structured setting in the community. These services support the member's recovery from substance use disorders and moderate to severe mental health conditions. The services support a move back into the community and a return to social, work, and educational roles. Services are provided to support recovery. Clinical services, additional outpatient levels of care, and access to prescribers for medications are available.	YES	NO
<b>Family Residential Rehabilitation Services for Substance Use Disorders</b> Services provided in a 24-hour residential setting for families in which a parent has a substance use disorder. Rehabilitative services that support parents and children are provided along with ongoing support for developing and maintaining interpersonal and parenting skills and support family reunification and stability. Members receive therapy, case management, education, and rehabilitation based in the residence.	YES	NO
<b>Transitional Age Youth and Young Adult Residential Rehabilitation Services for Substance Use Disorders</b> Services provided in a 24-hour residential setting for youth ages 16 to 21 or young adults ages 18 to 25 who are recovering from alcohol or other drug problems. Services include individual or group therapy; case management; education; and rehabilitation based in the residence. Members also receive coordination of transportation and referrals to mental health providers for any co-occurring mental health conditions.	YES	NO
<b>Youth Residential Rehabilitation Services for Substance Use Disorders</b>	YES	NO

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Services provided in a 24-hour residential setting for youth ages 13 to 17 who are recovering from alcohol or other drug problems. Services include individual or group therapy; case management; education; and rehabilitation based in the residence. Members also receive coordination of transportation and referrals to mental health providers for any co-occurring mental health conditions.		
<b>Inpatient Services</b> <b>24-hour hospital services that provide mental health or substance use disorder treatment, diagnoses, or both.</b>		
<b>Administratively Necessary Day (AND) Services</b> Day(s) of inpatient hospital services for members who are ready for discharge, but the right setting isn't available. Services include appropriate continuing clinical services.	YES	NO
<b>Inpatient Mental Health Services</b> Inpatient hospital services to evaluate and treat acute psychiatric conditions. Such services may include: <ul style="list-style-type: none"> <li>• specialized inpatient psychiatric services provided to children or adolescents with neurodevelopmental disorders who have severe behavioral manifestations of Autism Spectrum Disorders (ASD)/Intellectual Disabilities (ID) and co-occurring mental health conditions; and</li> <li>• specialized inpatient psychiatric services provided to members with an eating disorder diagnosis and severe associated psychiatric and medical needs in specialized eating disorder psychiatric settings.</li> </ul>	YES	NO
<b>Inpatient Substance Use Disorder Services</b> Inpatient hospital services that provide medically directed care and treatment to members with complex withdrawal needs, as well as co-occurring medical and behavioral health conditions.	YES	NO
<b>Observation/Holding Beds</b> Hospital services, for a period of up to 24 hours, that are used to assess, stabilize, and identify resources for members.	YES	NO

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<b>MassHealth Family Assistance Covered Services</b>	<b>Prior Authorization (PA) Required for Some or All of the Services? Yes or No</b>	<b>Primary Care Provider (PCP) Referral Required for Some or All of the Services? Yes or No</b>
<p><b>Outpatient Behavioral Health Services</b>  Mental health and substance use disorder services provided in person in an ambulatory care setting such as a mental health center or substance use disorder clinic, hospital outpatient department, community health center, or practitioner’s office. The services may also be provided at a member’s home or school.  Some providers of these services offer extended hours at night or during weekends through behavioral health urgent care centers. They can offer new client assessments on the same or next day, appointments for existing clients with an urgent behavioral health need on the same or next day, medication appointments within 72 hours of an initial assessment, and follow-up appointments within 14 calendar days.  These services may also be provided at a community behavioral health center (CBHC). CBHCs offer crisis, urgent, and routine substance use disorder and mental health services, care coordination, peer supports, screening, and coordination with primary care. A CBHC will provide access to same-day and next-day services and expanded service hours including evenings and weekends. A CBHC must provide services to adults and youths, including infants and young children, and their families. See also “crisis services.”</p>		
<p><b>Standard Outpatient Services</b>  <b>Outpatient services most often provided in an ambulatory setting</b></p>		
<p><b>Acupuncture Treatment</b>  The insertion of metal needles through the skin at certain points on the body as an aid to persons who are withdrawing from, or in recovery from, dependence on substances.</p>	NO	NO
<p><b>Ambulatory Withdrawal Management</b>  Outpatient services for members who are experiencing a serious episode of excessive substance use or complications from withdrawal when neither life nor significant bodily functions are threatened.</p>	NO	NO
<p><b>Applied Behavioral Analysis for members under 21 years of age (ABA Services)</b>  A service for a member under the age of 21 with Autism Spectrum Disorder diagnosis (ASD). It’s used to treat challenging behaviors that interfere with a youth’s ability to function successfully. This service includes behavioral assessments; interpretation of behaviors; development of a treatment plan; supervision and coordination of treatments; and parent training to address specific goals.</p>	NO	NO
<p><b>Assessment for Safe and Appropriate Placement (ASAP)</b>  An assessment for certain sexually abusive youth or arsonists who are in the care and custody of the Department of Children and Families (DCF), and who are being discharged from an inpatient or certain diversionary</p>	NO	NO

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settings to a family home care setting. Services are provided through a DCF designated ASAP provider.		
<b>Case Consultation</b> A meeting between the treating provider and other behavioral health clinicians or the member's primary care physician, concerning a member. The meeting is used to identify and plan for additional services; coordinate or revise a treatment plan; and review the individual's progress.	NO	NO
<b>Collateral Contact</b> A communication between a provider and individuals who are involved in the care or treatment of a member under 21 years old. Providers may include school and day care personnel, state agency staff, and human services agency staff.	NO	NO
<b>Couples/Family Treatment</b> Therapy and counseling to treat a member and their partner or family in the same session.	NO	NO
<b>Diagnostic Evaluation</b> An assessment of a member's functioning, used to diagnose and to design a treatment plan.	NO	NO
<b>Dialectical Behavioral Therapy (DBT)</b> Outpatient treatment involving strategies from behavioral, cognitive, and supportive psychotherapies for members with certain disorders, including members with borderline personality disorder.	NO	NO
<b>Family Consultation</b> A meeting with family members or others who are important to the member and to a member's treatment. The meeting is used to identify and plan for additional services; coordinate or revise a treatment plan; and review the member's progress.	NO For first 12 sessions, then authorization is required.	NO
<b>Group Treatment</b> Therapy and counseling to treat unrelated individuals in a group setting.	NO	NO
<b>Individual Treatment</b> Therapy or counseling to treat an individual on a 1-to-1 basis.	NO	NO

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<b>Inpatient-Outpatient Bridge Visit</b> A single-session consultation led by an outpatient provider while a member is still in an inpatient psychiatric unit. This visit includes the member and the inpatient provider.	NO	NO
<b>Medication Visit</b> A visit to evaluate the appropriateness of the member's prescriptions for drugs used for behavioral health needs, as well as any need for monitoring by a psychiatrist or registered nurse clinical specialist for whether such drugs are useful and any side effects.	NO	NO
<b>Opioid Treatment Services</b> Supervised assessment and treatment of an individual, using medications approved by the Food and Drug Administration, along with a range of medical and rehabilitative services to relieve the effects of opiate addiction. Includes detoxification and maintenance treatment.	NO	NO
<b>Preventative Behavioral Health Services</b> Short-term interventions in supportive group, individual, or family settings to cultivate coping skills and strategies for symptoms of depression, anxiety, and other social/emotional concerns, which may prevent the development of behavioral health conditions for members who are younger than 21 years old and have a positive behavioral health screen (or, in the case of an infant, a caregiver with a positive postpartum depression screening), even if the member does'nt meet criteria for a behavioral health diagnosis	NO	NO
<b>Psychiatric Consultation on an Inpatient Medical Unit</b> A meeting between a psychiatrist or advanced practice registered nurse clinical specialist and a member at the request of the medical unit. It's used to assess the member's mental status and to consult on a behavioral health plan, including proper medications, with the medical staff.	NO	NO
<b>Psychological Testing</b> Standardized tests used to assess a member's cognitive, emotional, neuropsychological, and verbal functioning.	NO	NO
<b>Special Education Psychological Testing</b>	NO	NO

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MassHealth Family Assistance Covered Services	Prior Authorization (PA) Required for Some or All of the Services? Yes or No	Primary Care Provider (PCP) Referral Required for Some or All of the Services? Yes or No
Testing used toward the development of, or to determine the need for, an Individualized Educational Plan (IEP) for children.		
<b>Intensive Home and Community-Based Services for Youth</b> <b>Intensive behavioral health services provided to members in a community-based setting.</b>		
<b>In-Home Therapy Services</b> This service for children that often is delivered in a teamed approach, it includes a therapeutic clinical intervention and training and therapeutic support paraprofessional, as follows: <ul style="list-style-type: none"> <li>• <b>Therapeutic Clinical Intervention</b> – A therapeutic relationship between a master’s level clinician and the child and family. The aim is to treat the child’s mental health needs by improving the family’s ability to support the healthy functioning of the child within the family. The clinician develops a treatment plan and works with the family to improve problem-solving, limit-setting, communication, and emotional support or other functions. The qualified clinician may often work with in a Therapeutic Training and Support paraprofessional.</li> <li>• <b>Therapeutic Training and Support</b> – A service provided by paraprofessional working under the direction of the master’s level clinician to support implementation of a licensed clinician’s treatment plan to achieve the goals of the treatment plan. This trained individual works with a master’s level clinician to support a treatment plan that addresses the child’s mental health and emotional challenges.</li> </ul>	YES	YES
<b>Crisis Services</b> <b>Available 7 days a week, 24 hours a day to provide treatment for any member who is experiencing a mental health crisis. CBHCs can provide crisis services.</b>		
<b>Adult Mobile Crisis Intervention (AMCI)</b> Provides adult community-based behavioral health crisis assessment, intervention, stabilization, and follow-up for up to 3 days. AMCI services are available 24 hours a day, 7 days a week, 365 days a year and are co-located at the CBHC site. Services are provided as mobile responses to the member (including in private residences) and provided via	NO	NO

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telehealth to members 21 years of age and older at the request of the member, or at the direction of the Behavioral Health Help Line when clinically appropriate. AMCIs operate adult community crisis stabilization programs with a preference for co-location of services.		
<b>Behavioral Health Crisis Evaluation Services in Acute Medical Setting</b> Crisis evaluations provided in medical and surgical inpatient and emergency department (ED) settings for members arriving at the ED in a behavioral health crisis. Elements of crisis evaluations include: <ul style="list-style-type: none"> <li>• Comprehensive Behavioral Health Crisis Assessment</li> <li>• Crisis Interventions</li> <li>• Discharge Planning and Care Coordination</li> <li>• Reporting and Community Collaboration</li> </ul>	NO	NO
<b>Behavioral Health Crisis Management Services in Acute Medical Settings</b> Crisis management services provided to members in medical and surgical inpatient and emergency department settings. Elements of crisis management include: <ul style="list-style-type: none"> <li>• Crisis Interventions</li> <li>• Discharge Planning and Care Coordination</li> <li>• Ongoing Required Reporting and Community Collaboration</li> </ul>	NO	NO
<b>Youth Mobile Crisis Intervention (YMCI)</b> A short-term service that is a mobile, on-site, face-to-face therapeutic response to youth younger than 21 years of age experiencing a behavioral health crisis and that includes follow-up for up to 7 days. YMCIs are available 24 hours a day, 7 days a week, 365 days a year and are co-located at the CBHC site. Services are provided as mobile responses to the member (including in private residences) and via telehealth when that is requested by the family and is clinically	NO	NO

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appropriate. YMCIs will have access to youth community crisis stabilization (YCCS) services. YMCIs must have the capacity to accept youths voluntarily entering the facility via ambulance or law enforcement drop-off through an appropriate entrance.		
<b>Other Behavioral Health Services</b>		
<b>Electro-Convulsive Therapy (ECT)</b> A treatment that is used to treat depression that has not responded to medications and psychotherapy. This treatment initiates a seizure with an electric impulse while the individual is under anesthesia.	YES	NO
<b>Repetitive Transcranial Magnetic Stimulation (rTMS)</b> A treatment that is used to treat depression that has not responded to medications and psychotherapy. In this treatment, rapidly changing magnetic fields are applied to the brain through a wire attached to the scalp.	YES	YES
<b>Specialing</b> Treatment services provided to a member in a variety of 24-hour settings, on a 1-to-1 basis, to maintain the individual's safety.	YES	NO
<b>Transitional Support Services (TSS) for Substance Use Disorders (Level 3.1)</b> – 24- hour short term intensive case management and psycho-educational residential programming with nursing available for members with substance use disorders who have recently been detoxified or stabilized and require additional transitional stabilization prior to placement in a residential or community based program. Enrollees with Co-Occurring Disorders receive coordination of transportation and referrals to mental health providers to ensure treatment for their co-occurring psychiatric conditions. Pregnant women receive coordination of their obstetrical care.	*	*

**\*These services are covered directly by MassHealth and may require authorization; however, Fallon Health will assist with the coordination of these services.**

**\*\*If you are pregnant, you should contact MassHealth or BFHC because you may qualify for additional benefits due to your pregnancy.**

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### **Excluded Services**

The following services or supplies are not covered under MassHealth, unless they are medically necessary, or as noted.

- Cosmetic surgery. There are exceptions if MassHealth agrees it's necessary for:
  - Treating damage following injury or illness;
  - Breast reconstruction following a mastectomy; or
  - Other procedures that MassHealth determines are medically necessary.
- Treatment for infertility. This includes in-vitro fertilization (IVF) and gamete intrafallopian tube (GIFT) procedures.
- Experimental treatment.
- A service or supply that isn't provided by, or at the direction of, your provider or MassHealth. There are exceptions for:
  - Emergency services
  - Family planning services
- Non-covered laboratory services.
- Personal comfort items such as air conditioners, radios, telephones, and televisions.

### **Contact MassHealth**

If you have questions, call the MassHealth Customer Service Center, Monday–Friday, 8 a.m.–5 p.m. at 1-800-841-2900 or TTY at 1-800-497-4648 for people who are deaf, hard of hearing, or speech disabled.

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